



#### **Course description**

Start and finish at the Inn of Montgomery Bell State Park, Burns (Dickson). Start with a steep uphill to mile 1, then down to the lowest point at mile 2. A 1-mile long steep uphill bring the course back to rolling grades. Turn left onto Hwy 47 and then left after the railroad underpass onto the golf course. At 6.5 miles the course turns left to join the 1 mile mark and continues for a second loop. At the return (mile 12.3) turn right back to finish at the Inn. This is the largest and longest race on the Running Tour. Considered a challenging course because of the combination of the big elevation drop (twice) and the half-marathon distance.

